



## Gymnastics Program Agreement 2018-2019 School Year

**\$25 Annual Registration Fee MUST accompany this form.**

**SELECT ONE: CHILD MUST BE MEMBER FOR MEMBER PRICE, ADULT MEMBERSHIPS DO NOT QUALIFY. .**

**MEMBER**

**NON-MEMBER**

### ATHLETE INFORMATION:

First Name: \_\_\_\_\_ M: \_\_\_\_\_ Last Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Allergies: \_\_\_\_\_ Doctor: \_\_\_\_\_ Gender: M F

### PRIMARY ADULT NAME (PARENT OR GUARDIAN FOR APPLICANT UNDER 18):

First Name: \_\_\_\_\_ M: \_\_\_\_\_ Last Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: Zip: \_\_\_\_\_

Preferred Contact Phone: \_\_\_\_\_ Secondary Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_ Gender: M F

### **Please Select Classes: (1 or 2 days only)**

**\*PRESCHOOL GYMNASTICS: (BOYS & GIRLS AGES 3-4 YEARS; MUST BE POTTY TRAINED)**

Monday 3:45-4:30

Tuesday 5:30-6:15

Wednesday 3:45-4:30

Thursday 5:30-6:15

**\*BEGINNER GYMNASTICS: (GIRLS AGES 5-9 YEARS)**

Monday 4:30-5:25

Monday 5:30-6:25

Tuesday 3:30-4:25

Wednesday 4:30-5:25

Wednesday 5:30-6:25

Thursday 3:30-4:25

**\*INTERMEDIATE/ADVANCED GYMNASTICS: (EVALUATION REQUIRED, GIRLS AGES 5-17 YEARS)**

**INTERMEDIATE:** MUST HAVE CARTWHEEL, ROUNDOFF, BACKWARDS ROLL, AND BACKBEND ON FLOOR. PULLOVER ON BARS. BASIC WALKS AND JUMPS ON BEAM)

**ADVANCED:** MUST HAVE ALL INT. SKILLS & BACK WALKOVER, SPOTTED BACK HANDSPRING ON FLOOR, BACK HIP CIRCLE ON BARS. HANDSTAND ON BEAM

Monday 5:30-6:25

Wednesday 5:30-6:25

**\*TEEN AND TWEEN GYMNASTICS: (GIRLS AGES 10-17 YEARS, MIXED LEVELS)**

Monday 4:30-5:25

Wednesday 4:30-5:25

**\*BOYS GYMNASTICS: (BOYS AGES 5-17 YEARS, MIXED LEVELS)**

Tuesday 3:30-4:25

Thursday 3:30-4:25

**\*BEGINNER TUMBLING: (BOYS & GIRLS AGES 5-9 YEARS)**

Tuesday 4:30-5:25

Thursday 4:30-5:25

**\*TEEN AND TWEEN BEGINNER TUMBLING: (BOYS & GIRLS AGES 10-17 YEARS)**

Tuesday 5:30-6:25

Thursday 5:30-6:25

**\*INTERMEDIATE/ADVANCED TUMBLING: (BOYS & GIRLS AGES 5-17 YEARS, EVAL REQUIRED)**

**INTERMEDIATE:** MUST HAVE CARTWHEEL, ROUNDOFF, BACKBEND KICKOVER, FRONT LIMBER, & SPOTTED BACK HAND SPRING. **ADVANCED:** MUST HAVE ALL INTERMEDIATE SKILLS AND ROUNDOFF BACK HANDSPRING CONNECTED.

Tuesday 5:30-6:25

Thursday 5:30-6:25



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**This registration carries you from the date of sign-up through May 31, 2019.**  
**If at any time you would like to cancel or change your class registration you must call the YMCA at 662-335-7258 and speak with the Gymnastics Director, otherwise you will continue to be billed.**

## **POLICIES**

- ❖ **Payments are due on the first of every month.** No bill will be mailed.
- ❖ Payments are to be made at YMCA front desk
- ❖ **No credits or refunds given for missed classes.** Due to program growth any make up classes must be approved through Gymnastics Director.
- ❖ If your account is more than 30 days late you will receive a warning. Any further, your child will not be allowed to participate.
- ❖ If enrollment in a class drops below 4 students that class is subject to cancellation and your athlete may be asked to move to a different class.

## **DROP OFF AND PICK UP**

- ❖ Students should arrive no more than 10 minutes before the start of class and should be escorted to Parent Viewing Area to wait.
- ❖ Students should wait in Parent Viewing Area at the end of class for parent to pick up. Please escort your child from viewing area to parking lot. **Do NOT ask them to come wait out front for you.**

## **PARENT OBSERVATION**

- ❖ Parents are always welcome to stay and watch from our Parent Viewing Area. For the safety of our staff and participants, parents are not permitted in the gym unless speaking with a coach or shopping in the pro-shop.
- ❖ Please be mindful of other parents when in the Viewing Area. Do not let your children run wild and distract others.

## **DRESS CODE**

- ❖ Hair should be restrained and away from child's face. Athlete should have bare feet.
- ❖ Gymnasts are highly encouraged to wear one-piece leotards. Shorts are optional.
- ❖ Tight fitting athletic style tops and shorts/leggings are allowed. NO bare midriffs.
- ❖ **NO BAGGY T-SHIRTS.**
- ❖ **NO TIGHTS THAT COVER THE FEET.**
- ❖ **NO SKIRTS OR TUTUS.**
- ❖ **NO JEANS, ZIPPERED SHORTS, OR JEWELRY OF ANY KIND.**
- ❖ Boys wear athletic shorts or pants with a *tucked in* T-shirt or Tank.

## **LIABILITY AND CONDITIONS OF MEMBERSHIP:**

In consideration of gaining membership or being allowed to participate in the activities and programs of the YMCA, use of the facilities, equipment, and machinery, I do hereby waive, release, and forever discharge the YMCA and it's officers, agents, employees, representatives, executors, and all others from any and all responsibilities or liability for injuries or damage resulting from my participation in any activities at said facility. I do hereby release all of these mentioned and any others acting on their behalf from any responsibility or liability for any injury or damage to myself or family, including those caused by the negligent act or omission of any of those mentioned or others acting on their behalf or in any way arising out of or connected with my participation in any activities of the YMCA or use of any equipment at the YMCA.

I agree on behalf of my household, my family, and myself with the YMCA policies and procedures and understand that my/our membership can be revoked without refund for exhibiting inappropriate behavior or abuse toward the YMCA staff or facilities. I have read and understand the above policies and procedures. Policies, procedures, and schedules are subject to change.

PHOTO RELEASE: I hereby grant permission for the YMCA to use without limitation or obligation, photographs or other media to promote or interpret YMCA programs.

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Signature of Applicant or Parent/Guardian

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Date