



POOL SCHEDULE

HODDING CARTER MEMORIAL YMCA

MAY 29, 2018 - August 3, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:15-6:30am Masters Swim Adult Lap Swim Lap Side	8:30-10:30am Swim Lessons Lap/Family Sides	5:15-6:30am Masters Swim Adult Lap Swim Lap Side	8:30-10:30am Swim Lessons Lap/Family Sides	5:15-6:30am Masters Swim Adult Lap Swim Lap Side	12:30-3:45pm Free Swim Adult Lap Swim	1:00-3:45pm Free Swim Adult Lap Swim
6:30-7:30am Masters Swim	9:00-9:50am Aqua Fitness Family Side	6:30-7:30am Masters Swim	9:00-9:50am Aqua Fitness Family Side	7:30-8:20am Adult Lap Swim Lap Side		
7:30-8:20am Adult Lap Swim Lap Side	10:45am-5:00pm Free Swim Adult Lap Swim	7:30-8:20am Adult Lap Swim Lap Side	10:45am-5:00pm Free Swim Adult Lap Swim	10:15-11:05am Aqua Fitness Family Side		
8:30-10:30am Swim Lessons Lap/Family Sides	5:30-6:20pm Aqua Fitness Family Side	8:30-10:30am Swim Lessons Lap/Family Sides	5:30-6:20pm Aqua Fitness Family Side	10:45am-5:00pm Free Swim Adult Lap Swim		
10:45am-5:00pm Free Swim Adult Lap Swim	5:30-6:45pm Swim Lessons Adult Lap Swim	10:45am-5:00pm Free Swim Adult Lap Swim	5:30-6:45pm Swim Lessons Adult Lap Swim	5:30-8:45pm Family Free Swim Adult Lap Swim		
5:30- 6:20pm Aqua Fitness Family Side	Lap/Family Sides 5:30-6:30pm Masters Swim	5:30-6:45pm Swim Lessons Adult Lap Swim	Lap/Family Sides 5:30-6:30pm Masters Swim			
5:30-6:45pm Swim Lessons Adult Lap Swim Lap/Family Sides	Lap Side 7:00-8:45pm Family Free Swim	Lap/Family Sides 6:50-8:45pm Family Free Swim	Lap Side 7:00-8:45pm Family Free Swim			
7:00-8:45pm Family Free Swim Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim			

Adult Lap Swim: There will be lane ropes in place for continuous swimming. The number of dedicated lanes will vary. 4 individuals per lane maximum allowed.

Free Swim: Space available for recreational activity. The amount of space will vary. Children under the age of 12 must be accompanied by an adult.

Aqua Fitness: Group exercise, led by an instructor.

Family Free Swim: Anyone under the age of 18 must be accompanied by thier parent or guardian.

The pool has 2 sides. A lap side (larger pool) and a family side (smaller pool with stairs). The schedule will state a side for an activity. If no side is stated then that side is available for Free Swim.

POOL SCHEDULE AND NUMER OF LANES OFFERED IS SUBJECT TO CHANGE WITHOUT NOTICE.



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POOL GUIDELINES

Our goal is SAFETY and the consideration of others.
Please help us by following these guidelines:

***Swimsuits must be worn for comfort and safety. Street clothes can NOT be worn in the pool.**

*The lifeguards are here for everyone's safety.
Please follow their instructions at all times.

*For everyone's privacy, please do not take any photos or videos.

*Parents/guardians are responsible for supervising their children in and out of the pool.

Lap swim etiquette must be followed at all times.

*Children ages 12 & younger must be accompanied by an adult.

*Maximum number of swimmers per lane is 4.

*Please use the restrooms for changing diapers or clothing.

*Stop and notify others before entering a lane. Slide into the water at the shallow end.

*Walk on the pool deck.

*Circle swim counter clock-wise and choose a lane appropriate for your speed.

*Enter the water feet first. For everyone's safety, do not dive.

*Be considerate to others, also when passing or resting at the walls, to maintain safety.

*No breath-holding or horseplay in the pool.

*Lap lanes are for continuous swimming: you may need to wait before entering or exiting a lane.

*Lifeguards will conduct swim tests at their discretion.

*Glass is NOT permitted at the pool.

PRIVATE LESSONS

Private lessons are available. Please check with the front desk for more information.

YOUTH SWIM LESSONS

Check with front desk for more detailed information.

POOL PARTIES

Let our aquatic staff provide a safe and fun environment for your party.
You provide refreshments.

PARTY DAYS AND TIMES:

SAT	10:00am-12:00pm 1:00pm-3:00pm 4:00pm-6:00pm 6:00pm-8:00pm
SUN	2:00pm-4:00pm 4:00pm-6:00pm 6:00pm-8:00pm

PARTY FEES:

\$100 Members
\$125 Non-Members
(\$25 non-refundable deposit)

Up to 25 children ages 2-15
Contact Mickie Sandidge to schedule party.

HODDING CARTER MEMORIAL YMCA
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GREENVILLE, MS 38703
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